



Terry Price: “This is **RED HOT!**”

Tiger’s mental strength

It's well documented that one of the reasons Tiger performs so well under pressure, is his ability to block out distractions and maintain 100% concentration.

Now, leading Tour Pro Terry Price has hailed a revolutionary product as a breakthrough for amateur golfers, enabling them to be able to apply the same mental strengths as the world’s top players.

Based on extensive research at prestige universities, Pro Golf IQ coaches golfers to rid their minds of the negative chatter which gets in the way of consistent golf and allows that essential quiet time just before you swing – in effect, getting you into the ZONE.

Price says: “by training your mind to maintain perfect mental stability, hazards and other dangers on the golf course suddenly become oblivious.”

The developer of Pro Golf IQ, Dr Jason Gregg, uses his patented ISM technology to create guided imagery brain training and relaxation techniques, which are used in the comfort of the golfer’s home over a 5-week period. “The key to the program is to help you relax and focus on every shot, whether it’s on the 1st tee-box or the last putt of the day,” says Gregg. Terry Price has witnessed some amazing

improvements with amateurs who have completed the course, including Gold Coaster Kevin McCarthy, who has progressed from shooting 100+ to regular scores of 86. McCarthy, 50, reports: “I was sceptical to begin with, but I thought I would give it a try. Within the first couple of weeks I was feeling very calm and noticed my driving was less erratic and more putts were dropping in.”

“By the fifth week I was playing on auto-pilot, no negative thinking such as using an old ball over water. What I really appreciate is that if I mess up then I don’t take that frustration and anger into the next shot.” McCarthy went on to say: “in my everyday life I am also feeling less stressed and more focussed, especially after using the powerful Enforcer session, which is a booster to the main program.”

Kevin’s target is to play off 16 by the end of the year, a goal Terry Price feels is very achievable: “Kevin now has the mental strength to move forward and I will spend some time with him to address the physical side of his game. There’s no reason why he won’t break 80 on a regular basis over the coming months” said Price.

Kevin had the final word when he quipped “the money I am saving on lost balls has paid for the program twice over already!”

