

# “Of all the hazards, fear is the worst” – Sam Snead

**H**ow many times do we arrive on the tee box and think ‘Oh no, not this hole again ... I always slice into the water!’

Fear, lack of confidence and that negative voice inside your head can ruin a good round.

The good news is that 18 months since its launch in Australia the revolutionary Pro Golf IQ program has seen hundreds of its users overcome their demons and reduce their handicaps, and importantly enjoying their game more.

The dynamic coaching device is a 5 week program used in the comfort of your home has been developed to get amateur golfers thinking the same way as top professionals.

Research shows that most amateur golfers only use the left side of the brain when playing, meaning they get bogged down in mechanics and negative thoughts.

Pro Golf IQ works using a patented technique called ‘interhemispheric synchronic mediation’ (ISM). The three-times per week 25-minute sessions involve listening to multi-layered tracks of voice and sounds to coach the way the analytical left side of the brain and the right creative side of the brain talk to each other.

Over a short period of time you learn to create a more balanced, relaxed and stress-free mental state, eradicating those fears and negative thoughts which

Australian  
Tour Pro  
Terry Price



have previously hampered your game.

Australian Tour Pro Terry Price believes that after completing the program amateurs will have the ability to remain calm and play with mental freedom in the face of high-pressure tournament situations or on-course hazards in the same way Tour level players do.

What this program does is give everyone an opportunity to experience how the pros play golf.

And it’s not only adults who can benefit from the system, Price believes one of the most exciting aspects of the Pro Golf IQ program is its potential to develop a whole generation of future stars who have learned how to control their on-course mental state even before they reach their teens.

“This program is great for Golf Clubs and their members but what it can do for junior golf is scary,” he says. One recent success story is 12-year-old Australian junior Connor Reeves, a talented nine-handicapper who lacked consistency due to a failure to control his on-course temperament. After completing the program he learned how to control his thoughts both on and off the course and went on to win the prestigious Under 12 School Sport Australia Championships by 5 shots.

Price added “The results speak for themselves, and with the money back guarantee you have nothing to lose but your handicap!”